

**LEVENDER BLISS**  
For better sleep

**INGREDIENTS:** Organic Dried Lavender Flowers (*Lavandula angustifolia*), Premium Ceylon Black Tea Leaves, Natural Bergamot Oil, Cornflower Petals.

**Nutrition Facts**

Serving Size	15g
Amount Per Serving	
Calories	Calories from Fat
% Daily Value*	
<b>Total Fat</b> 0g	...%
Saturated Fat 0g	...%
Trans Fat 0g	...%
<b>Cholesterol</b> 0mg	...%
<b>Sodium</b> ...mg	...%
<b>Total Carbohydrate</b> 0g	...%
Dietary Fiber 0g	...%
Sugars 0g	...%
Vitamin C	...%
Calcium	...%
Iron	...%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

**CAUTION:** Store in a cool, dry place away from direct sunlight and strong odors to maintain freshness and aroma.

MADE IN CANADA



20 Tea Bags

NET WEIGHT: 50g

**LUMINA TEA**



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**Brewing Instructions**

**Boil Water:** Heat fresh, filtered water to 100°C (212°F).

**Steep:** Place one tea bag in your favorite mug and pour 8oz (240ml) of hot water over it.

**Wait:** Let the tea steep for 3 to 5 minutes depending on your desired strength.

**Enjoy:** Remove the tea bag and enjoy as is, or add a touch of honey for sweetness.

**Best served hot or poured over ice for a refreshing Lavender Iced Tea.**

**Best Before: September 12, 2027**  
**Product Code: LM-CL-120**



**Brand Story**

**A Moment of Pure Serenity**

Inspired by the sun-drenched lavender fields of the Mediterranean, Lumina Tea was born from a desire to bring a sense of calm to your daily ritual. We carefully hand-select the finest organic lavender blossoms, blending them with premium tea leaves to create a fragrant, soothing escape in every cup.

Whether you are starting a quiet morning or winding down after a long day, our Lavender Bliss blend is designed to help you breathe, relax, and find your light.

**Lumina Tea: Steeped in Wellness.**

**Manufactured by:** nLeafora Tea Co.  
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M5V 2T6 Canada  
**Customer Service:** www.leaforatea.ca  
1-800-555-2041  
Product Code: LF-101

**Lumina™**

**CRAFTED WITH**  
**100% ORGANIC HERBS**

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